

# **Alex E. Farish**

## **SPECIALTIES/CLINICAL INTERESTS**

- · Anxiety and Depression in Adults
- Stress Management
- Chemical Dependency
- Families with Addiction Issues
- Trauma (victims of physical or emotional abuse)
- Adult Children of Alcoholics or Addicts
- Adult Children from dysfunctional families
- Workshops on various mental health topics

# LICENSURE/CERTIFICATIONS

- Licensed Professional Counselor LPC # 1204
- Advanced Alcohol and Drug Counselor AADC # 096
- Alcohol and Drug Abuse Prevention Specialist
- Co-Occurring Disorders Professional Diplomate

#### **EDUCATION**

- Jacksonville State University
  Master of Arts Guidance and Counseling (1991)
- Auburn University
  Bachelor of Science Secondary Education (1969)

## PROFESSIONAL ASSOCIATIONS

- National Board of Certified Counselors (NBCC)
- Alabama Counseling Association
- Alabama Alcohol and Drug Abuse Association
- American Mental Health Counselors Association